



Red

**Deli, Grill, Pizza,
Panini, Combo Meals**

More than 800 Calories
More than 800 mgs Sodium
More than 7 gms Saturated Fat
More than 150 mgs
Cholesterol

Soups and Chowders

More than 300 Calories
More than 800 mgs Sodium
More than 4 gms Saturated Fat
More than 80 mgs Cholesterol

Breakfast Grill

More than 400 Calories
More than 600 mgs Sodium
More than 3 gms Saturated Fat
More than 150 mgs Cholesterol

Entrees (Alone)

More than 400 Calories
More than 500 mgs Sodium
More than 4 gms Saturated Fat
More than 120 mgs
Cholesterol

Sides

More than 300 Calories
More than 300 mgs Sodium
More than 2 gms Saturated Fat
More than 15 mgs Cholesterol

**Entrees Salads - Include
Dressing**

More than 800 Calories
More than 800 mgs Sodium
More than 7 gms Saturated Fat
More than 150 mgs Cholesterol

Side Salads

More than 300 Calories
More than 300 mgs Sodium
More than 2 gms Saturated Fat
More than 15 mgs Cholesterol

Desserts

More than 350 Calories
More than 200 mgs Sodium
More than 5 gms Saturated Fat
More than 50 mgs Cholesterol

Appetizers

More than 150 Calories
More than 200 mgs Sodium
More than 2 gms Saturated Fat
More than 50 mgs Cholesterol

Snacks

More than 350 Calories
More than 400 mgs Sodium
More than 4 gms Saturated Fat